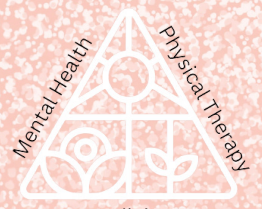
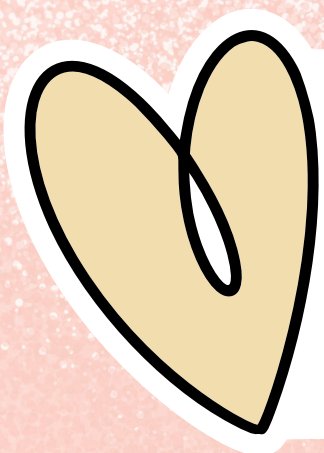


Pre-assessment checklist



TRIANGLE
OF CARE

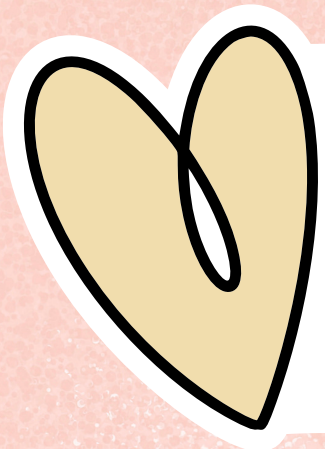
BEFORE YOUR DOCTOR VISIT



CAN YOU INSERT ANY OF
YOUR FINGERS INTO YOUR
VAGINA WITHOUT PAIN?

YES

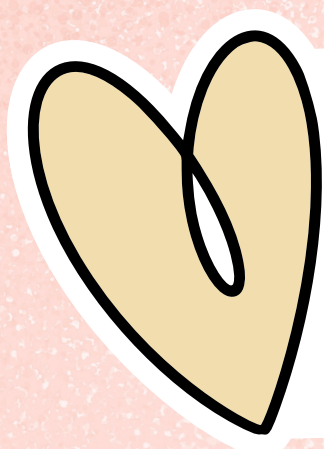
NO



CAN YOU INSERT A TAMPON
INTO YOUR VAGINA
WITHOUT PAIN

YES

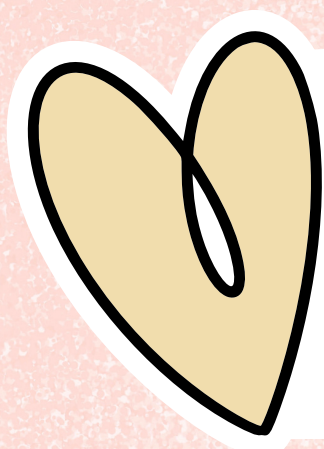
NO



CAN SOMEONE ELSE INSERT A
FINGER INTO YOUR VAGINA?
WITHOUT PAIN?

YES

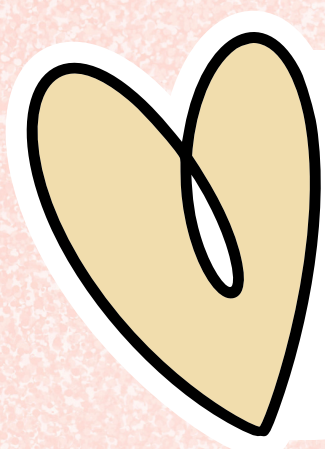
NO



HAVE YOU EVER HAD AN
INTERNAL GYN EXAM
WITHOUT PAIN

YES

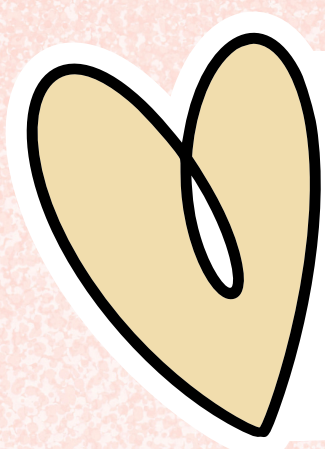
NO



HAVE YOU EVER HAD A PENIS
IN YOUR VAGINA WITHOUT
PAIN?

YES

NO

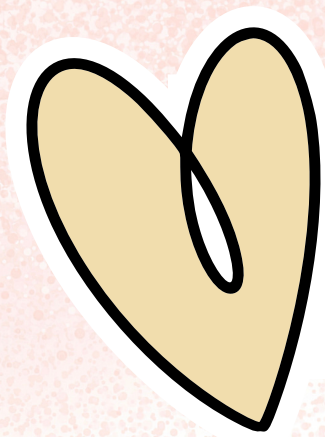


DID USING LUBE HELP WITH
INSERTION?

YES

NO

N/A



HAVE YOU BEEN TOLD YOU
HAVE ANXIETY OR WORRY
MORE THAN MOST?

YES

NO